**Crystal Course overview**

This Course is delivered one weekend per month for 12 months and therefore consists of 24 teaching days. The course is progressive in that each weekend builds upon the last and consists of a combination of meditation, teaching and practical elements. The learning from each weekend will be incorporated into the practicing of a full healing sequence. Each student will receive the required written material during the course of each weekend. A foundation certificate will be received after the completion of weekend 4. During weekend 8 there will be a practical assessment and upon successful completion of this students will receive the Diploma in Crystal Healing. Weekends 9 to 12 enable students to take their practice to advanced levels and there will be a requirement to submit a written assignment to complete the course and receive the final certificate. This is a CMA registered course of which content may be subject to minor change, depending upon the needs of the group at the time but the course outline is as follows:

Weekend 1:

* Introduction to various crystals
* Introduction to the chakra system
* Grounding Techniques
* Chakra Psychology
* Cleansing crystals
* Meridian and brain balance

Weekend 2:

* Guide to the Subtle Bodies
* Clearing and charging the energy field
* Working with Wand energies
* Recording condition of Chakras
* Consultation forms
* Energising Centres

Weekend 3:

* Focus on heart chakra and heart stones
* Soul Centre
* Crystal layouts
* Basic Chakra associations
* Comforting the heart layout
* Smokey Quartz technique

Weekend 4:

* Dowsing and working with a Pendulum
* Focus on Calcite
* Double Terminated Quartz
* Etheric breaks and technique to heal
* Thymus and Alta Major centres
* Healing in a chair

Weekend 5:

* Chakra Patterns and dowsing size of auric field
* Working within the chakra chambers with a laser
* Crystal Elixers
* Earth Light – Higher mental centre
* Realigning the subtle bodies

Weekend 6:

* Sacred Geometry
* Light Geometries
* Antahkarana
* Light Geometries and Antahkarana Healing – Practical

Weekend 7:

* Crystal Energy Release Therapy
* Anatomy
* Secondary Centres
* Crystal Energy release therapy

Weekend 8:

* Self-Healing technique
* Absent Healing
* Crystal First Aid
* Full healing sequence practice
* **Assessment Day**

Weekend 9:

* Astrology
* The seven Rays
* Dowsing for personal governing rays
* Creating a layout using colour
* Full healing incorporating ray energies

Weekend 10:

* Master Crystals
* Advanced grounding techniques
* Resonance of centres and subtle bodies
* Resonating the spiritual bodies
* Palm stone massage
* 12 hand position healing technique

Weekend 11:

* Numerology
* Cutting of the ties
* Cord Healing
* Chakra Repair
* Sub planes
* Resonating an individual centre

Weekend 12:

* Cosmic Chakra balance
* Synthesis of light healing technique
* Group meditation formulation
* Fourth Sphere Harmony
* Destiny Layout